

JUICE

Freshly Squeezed Orange or Pink Grapefruit
Apple Juice / Tomato Juice / Cranberry Juice / Carrot Juice

YOGHURT

Glenilen Farm Natural Yoghurt or with Homemade Seasonal Fruit Compote

FRUIT

Poached Prunes infused with Earl Grey and Citrus

Seasonal Fresh Fruit Salad

Grape, Pink Grapefruit and Orange Segments, Fresh Garden Mint

Warm Salad of Apricot, Prunes and Raisins with
Banana and Toasted Almonds

or

CEREALS

Warm Porridge Oats
with Apple and Raisin Compote

Fruit and Nut Muesli

Cornflakes / Weetabix / Rice Crispies / All Bran / Shredded Wheat
Cheerios / Special K / Fruit and Fibre / Alpen

BREADS

Homemade Brown Bread

Fruit Scones

Harrington's Bakery White Toast

Homemade Raspberry Jam and Connemara Whiskey Marmalade

Selection of Freshly Baked Danish Pastries

FISH

Grilled Market Fish of the Morning, Oven Roasted Plum Tomatoes

Smoked Goatsbridge Trout, Sautéed Potatoes, Chive Crème Fraiche

or

CLASSIC IRISH BREAKFAST

Dempsey's Free Range Pork Sausage, Dry Cured Bacon, Sneem Black Pudding, White Pudding,
Tomato, Mushroom, Organic Egg (Poached, Scrambled or Fried)

or

EGGS

Ham Hock and Parsley Hash Cake, Fried Organic Egg

Scrambled Eggs with Smoked Trout

Boiled Egg and Soldiers

Eggs Florentine

Classic Eggs Benedict

or

OMELETTE

Your choice of Smoked Trout / Aged Cheddar Cheese
Field Mushrooms / Baked Ham / Tomato

or

PANCAKES

American Style Pancakes with Seasonal Berries, Whipped Cream, Maple Syrup

BEVERAGES

Selection of Teas / Coffees / Tisanes / Hot Chocolate / Iced Tea with Lemon and Mint

Additional Hot Breakfast Item charged at €10.00 per item